

PROCLAMATION

of the Board of County Commissioners of Nassau County, Florida

MENTAL HEALTH AWARENESS MONTH MAY 2025

WHEREAS, each year in May, Mental Health Awareness Month is recognized to support efforts at fighting the stigma associated with mental illness, providing support, educating the public, and advocating for equal care; and

WHEREAS, according to the National Alliance on Mental Illness, studies show that there are an estimated 57.8 million adults aged 18 and older in the United States which represents 1 out of every 5 adult Americans who experience mental illness each year, with 1 in 20 adults experiencing serious mental illness each year; and

WHEREAS, 1 in 6 youth aged 6-17 experience a mental health disorder each year, with 50% of all lifetime mental illness beginning by age 14; and

WHEREAS, suicide is the 2nd leading cause of death among people aged 10-14; and

WHEREAS, due to limited or no knowledge of the need, barriers to care, or fear and shame, 60% of adults and 50% of youth do not receive the treatment necessary for their mental health needs and the average delay between onset of mental illness symptoms and treatment is 11 years; and

WHEREAS, promoting mental health, wellness and community understanding of available support and services with a focus on prevention and early intervention efforts associated with awareness could greatly reduce the number of adults and children experiencing a serious mental health condition; and

WHEREAS, recognizing the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success is important to fight against the stigma associated with mental illness.

NOW, THEREFORE, BE IT PROCLAIMED that the Board of County Commissioners of Nassau County, Florida on this 21st day of May, 2025, hereby designate May 2025 as Mental Health Awareness Month.

BOARD OF COUNTY COMMISSIONERS
NASSAU COUNTY, FLORIDA

A.M. "Hupp" Huppmann
Its: Chairman

Approved as to form by the
Nassau County Attorney:

DENISE C. MAY