

**BOARD OF COUNTY COMMISSIONERS**  
**REGULAR MEETING**  
**9:00 AM, May 21, 2025**  
**James S. Page Governmental Complex, 96135 Nassau Place**  
**Yulee, FL 32097**

A.

# PROCLAMATION

of the Board of County Commissioners of Nassau County, Florida

## MENTAL HEALTH AWARENESS MONTH MAY 2025

**WHEREAS**, each year in May, Mental Health Awareness Month is recognized to support efforts at fighting the stigma associated with mental illness, providing support, educating the public, and advocating for equal care; and

**WHEREAS**, according to the National Alliance on Mental Illness, studies show that there are an estimated 57.8 million adults aged 18 and older in the United States which represents 1 out of every 5 adult Americans who experience mental illness each year, with 1 in 20 adults experiencing serious mental illness each year; and

**WHEREAS**, 1 in 6 youth aged 6-17 experience a mental health disorder each year, with 50% of all lifetime mental illness beginning by age 14; and

**WHEREAS**, suicide is the 2<sup>nd</sup> leading cause of death among people aged 10-14; and

**WHEREAS**, due to limited or no knowledge of the need, barriers to care, or fear and shame, 60% of adults and 50% of youth do not receive the treatment necessary for their mental health needs and the average delay between onset of mental illness symptoms and treatment is 11 years; and

**WHEREAS**, promoting mental health, wellness and community understanding of available support and services with a focus on prevention and early intervention efforts associated with awareness could greatly reduce the number of adults and children experiencing a serious mental health condition; and

**WHEREAS**, recognizing the impact of awareness and education, access to services and acceptance of the importance of mental health and well-being to a person's overall success is important to fight against the stigma associated with mental illness.

**NOW, THEREFORE, BE IT PROCLAIMED** that the Board of County Commissioners of Nassau County, Florida on this 21<sup>st</sup> day of May, 2025, hereby designate May 2025 as Mental Health Awareness Month.

BOARD OF COUNTY COMMISSIONERS  
NASSAU COUNTY, FLORIDA

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A.M. "Hupp" Huppmann  
Its: Chairman

Approved as to form by the  
Nassau County Attorney:

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DENISE C. MAY